

# Big Bear Training Camp

## Black & Gold Cross Country

At

### Camp Serrano

**DATES:** August 16-20th, 2009  
**DEPART:** August 16<sup>th</sup> 12:30pm Meet at CVHS Parking Lot  
**RETURN:** August 20<sup>th</sup> 1:30pm CVHS Parking Lot

**Altitude Training, Great Food, Fun Games, Goal Development, Camp Fires,  
Building Team Chemistry & Bus Transportation**

**COST:** Pre-registration \$230 (postmarked by July 16th)  
\$250 (post marked by August 2<sup>nd</sup>)  
Please make checks payable to: **Black & Gold Cross Country**  
(Financial need scholarships available)

**REGISTRATION:** To enroll, fill in the application below and send in your check to:

*Insured By  
Francis L. Dean & Assoc.*

**Black & Gold Cross Country**  
Chris Dollar  
189 Calle Cuervo  
San Clemente, Ca 92672

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### Big Bear Training Camp Application

Camper's Name \_\_\_\_\_ Parent/Guardian's Name \_\_\_\_\_

Street: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: [    ] \_\_\_\_\_ Cell phone: [    ] \_\_\_\_\_

Grade Next Year: \_\_\_\_\_

Is Parent interested in helping on trip? \_\_\_\_\_ Name of Parent helping \_\_\_\_\_

Do you have a tent? \_\_\_\_\_ How many kids will it hold? \_\_\_\_\_

Please note any medical condition that we should be aware of: \_\_\_\_\_

In consideration of your accepting this registration, I hereby agree to indemnify and hold harmless the Capistrano Unified School District and any of its officers, agents, or employees from any liability of claim or action for damages resulting from, or in any way arising out of, participation in this program by the person registered.

Parent or Guardian's Signature: \_\_\_\_\_

**THIS IS NOT A CAPISTRANO UNIFIED SCHOOL DISTRICT SPONSORED EVENT**  
Insurance is provided in camp fee – not printed at CUSD expense